

Full Name: _____

Grade (Circle One): 7th or 8th
Online: www.MrWlive.com

Governor Mifflin Middle School Chorus Reflection Worksheet: Quarter #1

Instructions: Please rate yourself honestly on the quality of your participation during chorus rehearsals. Choose the description in each section that best describes you and circle it. Then, total your numbers in the box.

**My Total out of
70 was _____.**

1. Attendance during rehearsals:

- 10 I always attend
- 8 I mostly attend
- 6 I sometimes attend
- 4 I rarely attend
- 2 I never attend

2. Participation during chorus:

- 10 I participate constantly
- 8 I often participate
- 6 I sometimes participate
- 4 I rarely participate
- 2 I never participate

3. Listening to teacher or other speakers:

- 10 I listen constantly
- 8 I often listen
- 6 I listen sometimes
- 4 I rarely listen
- 2 I never listen

4. Unnecessary talking during rehearsal:

- 10 I never talk during rehearsals
- 8 I almost never talk during rehearsals
- 6 I rarely talk during rehearsals
- 4 I sometimes talk during rehearsals
- 2 I often talk during rehearsals

5. Tall Singing Posture:

- 10 I always use tall singing posture
- 8 I often use tall singing posture
- 6 I sometimes use tall singing posture
- 4 I rarely use tall singing posture
- 2 I almost never use tall singing posture

6. Tall Vowel Shape (Open Mouth Singing):

- 10 I always use tall vowel shapes
- 8 I often use tall vowel shapes
- 6 I sometimes use tall vowel shapes
- 4 I rarely use tall vowel shapes
- 2 I almost never use tall vowel shapes

7. Singing Confidently (with Choral Blend):

- 10 I always sing musically, to the best of my ability
- 8 I often sing out, but am still holding back
- 6 I sometimes sing out, but am very self-conscious
- 4 I rarely sing out- other people can do it.
- 2 I almost never sing, singing is for "chumps"

BONUS. Gum Chewer? - BONUS or PENALTY:

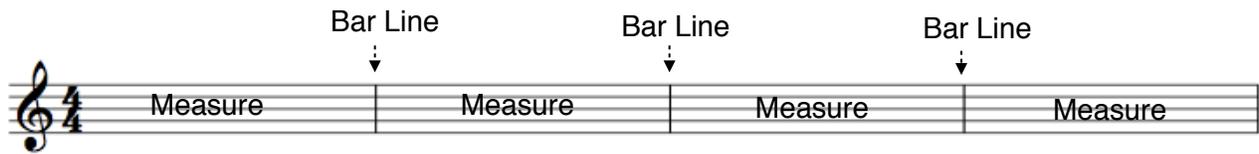
- + 5 I have NEVER had gum in chorus.
- 0 I used to chew gum in chorus, but stopped when Mr. W reminded us!
- 5 I HAVE had gum in chorus since Mr. W. told us not to chew while singing.

8. Instructions: Please answer the following question or questions (your choice) below honestly. Your answer should be at least five (5) sentences in length.

Why do you sing? Why did you decide to join chorus? Describe your most memorable singing experience.

9. When Is Our Next Concert? _____
Please return to Mr. Williamson on or before October 15.

Music is made up of organized sound moving through time. Vocalists not only need to know what pitches to sing; they also need to know when to sing or play them. In music, we keep a steady pulse (**BEAT**) upon which we base the lengths of different sounds. The beat is usually divided into groups of 2, 3 or 4 – these beat grouping are called **MEASURES**, and the dividing lines are called **BAR LINES**.



These are **QUARTER NOTES**. Each one gets one beat. With four beats in each measure, there are four quarter notes per measure. Write the counts below these notes:



These are **HALF NOTES**. Each one gets two beats. With four beats in each measure, there can only be two half notes per measure. Write the counts below these notes:



These are **WHOLE NOTES**. Each one gets four beats. With four beats in each measure, there can only be one whole note per measure. Write the counts below these notes:



Write in the counts for the measures below:



QUARTER RESTS, HALF RESTS and WHOLE RESTS match the corresponding note values, but rather than indicate sound, rests indicate silence. Write the counts for the rests below: (Use Parenthesis to show the resting counts)

